

# YOUR YEAR IN REVIEW

7 ENJOYABLE QUESTIONS TO  
REFLECT ON 2019 AND MAKE 2020

*Even Better*



WHAT WERE YOUR BIGGEST REGRETS?

WHAT WERE YOUR BIGGEST ACCOMPLISHMENTS, WHAT MADE YOU MOST PROUD, AND WHAT BROUGHT YOU THE MOST HAPPINESS?

WHAT WERE YOUR BIGGEST STRUGGLES?



WHAT MADE IT ALL SEEM WORTH IT?

ARE YOU THE SAME PERSON YOU WERE AT THE BEGINNING OF THE YEAR? IF NOT, HOW HAVE YOU CHANGED?

IF YOU HAD TO WRITE A NEWSPAPER HEADLINE OR MOVIE TITLE TO DESCRIBE YOUR PAST YEAR, WHAT WOULD IT BE?

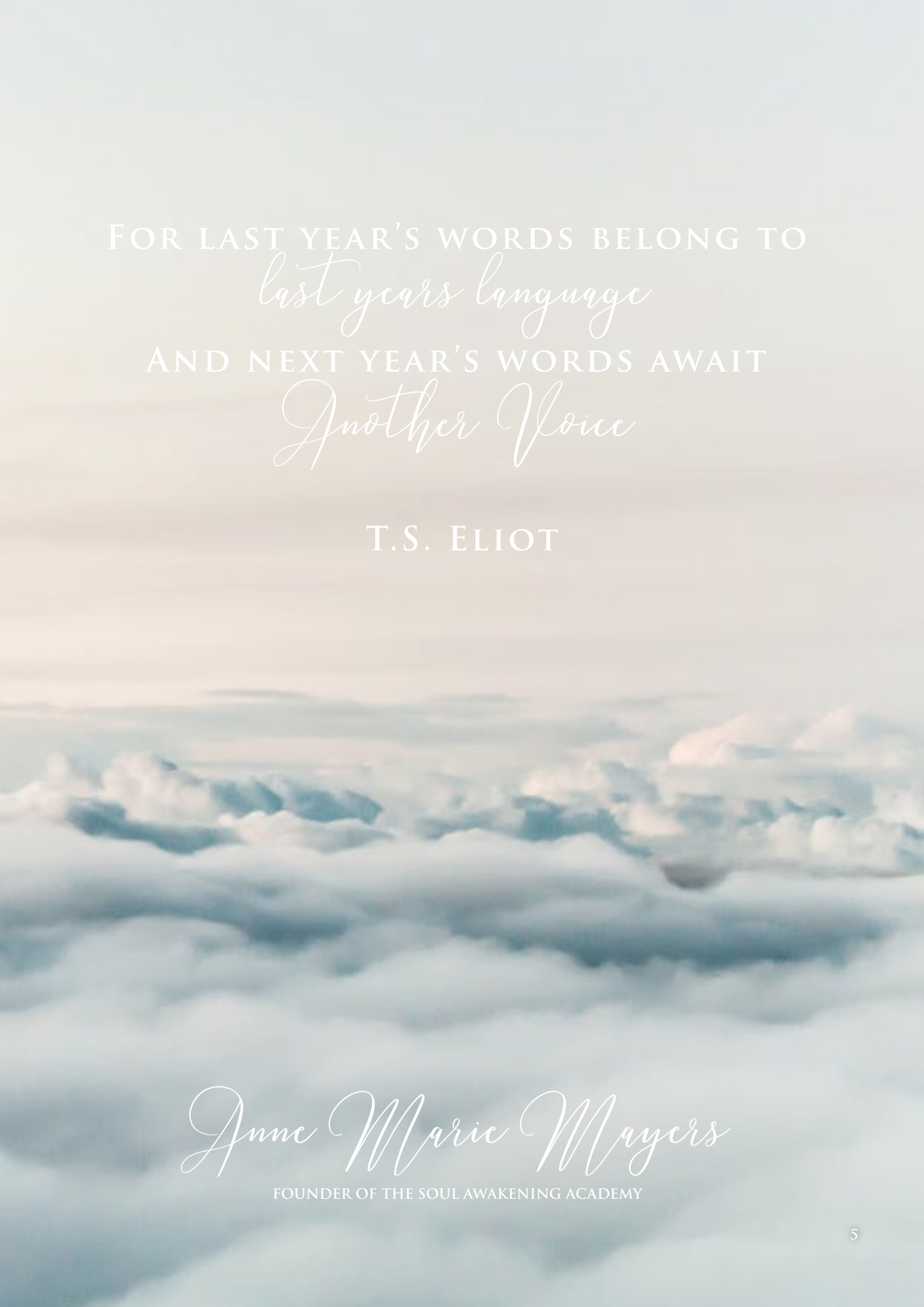




WHAT DO YOU WANT TO CONTINUE NEXT YEAR?

WHAT NEEDS TO BE LEFT BEHIND?





FOR LAST YEAR'S WORDS BELONG TO  
*last year's language*  
AND NEXT YEAR'S WORDS AWAIT  
*Another Voice*

T.S. ELIOT

*Anne Marie Mayers*

FOUNDER OF THE SOUL AWAKENING ACADEMY



# FIND OUT MORE

## SOULAWAKENINGACADEMY.CO.UK

*If you want to find out more about becoming a coach or a healer with us, we offer a number of convenient ways to discover more.*

*For general information about future dates, course fees and our interest-free payment plans, head along to our website at [www.soulawakeningacademy.co.uk](http://www.soulawakeningacademy.co.uk)  
The site offers a wealth of information on the different courses we offer.*

E-mail: **[IAM@annemarielifecoach.com](mailto:IAM@annemarielifecoach.com)**

Phone: **0151 676 9609**

*Follow me on social media:*



***Book a virtual coffee with Anne-Marie to discuss your next step***

BOOK NOW

ALL MATERIAL IS COPYRIGHT 2019 © OF THE SOUL AWAKENING ACADEMY LTD ®