



YOUR YEAR IN REVIEW

7 ENJOYABLE QUESTIONS TO
REFLECT ON 2019 AND MAKE 2020

Even Better



WHAT WERE YOUR BIGGEST REGRETS?

WHAT WERE YOUR BIGGEST ACCOMPLISHMENTS, WHAT MADE YOU MOST PROUD, AND WHAT BROUGHT YOU THE MOST HAPPINESS?

WHAT WERE YOUR BIGGEST STRUGGLES?



WHAT MADE IT ALL SEEM WORTH IT?

ARE YOU THE SAME PERSON YOU WERE AT THE BEGINNING OF THE YEAR? IF NOT, HOW HAVE YOU CHANGED?

IF YOU HAD TO WRITE A NEWSPAPER HEADLINE OR MOVIE TITLE TO DESCRIBE YOUR PAST YEAR, WHAT WOULD IT BE?



WHAT DO YOU WANT TO CONTINUE NEXT YEAR?

Blank space for writing answers to the question above.

WHAT NEEDS TO BE LEFT BEHIND?

Blank space for writing answers to the question above.



FOR LAST YEAR'S WORDS BELONG TO

last year's language

AND NEXT YEAR'S WORDS AWAIT

Another Voice

T.S. ELIOT

Anne Marie Mayers

FOUNDER OF THE SOUL AWAKENING ACADEMY

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If you want to find out more about becoming a coach or a healer with us, we offer a number of convenient ways to discover more.

For general information about future dates, course fees and our interest-free payment plans, head along to our website at www.soulawakeningacademy.co.uk. The site offers a wealth of information on the different courses we offer.

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