



OPENING A SACRED SOUL SPACE when using any divination tool, I recommend that you create a sacred soul space.





This doesn't have to be a big ritual or anything flamboyant as you may need to do this very quickly and in a public place.





A sacred soul space is created from within you putting you into a specific 'state' of expansion and connection.





You are opening up your universal cosmic mind to connect to the infinite creative intelligence of the universe.







To open a sacred soul space, simply bring your awareness to your heart centre.
This is your spiritual power centre.





You heart has the biggest electromagnetic field much stronger than that of the brain according to Heart Math Institute.





Your heart field should be in coherence, a free-flowing field of energy that spreads and influences your aura.





Your thoughts and feelings are of the upmost importance as these create your field.





For example, imagine going into your heart space and expanding your field thinking thoughts of hate and then picking up the pendulum to work on yourself or a client!





Instead set the intention to go into your heart chakra, take a breath inward here, and imagine your heart opening..





I like to imagine a beautiful soft pink lotus blossom opening in my heart space and growing bigger with every new breath.





This is your soul, your inner ancient self, the part of you that is connected to the Omnipotent wisdom of the Universe.





Keep breathing and expanding until the sense of complete Oneness. Take a moment here to notice the subtle shift of energy that is created by activating this sacred soul space.