



12 Key Skills

TO BECOMING A SOUL AWAKENING COACH

SOUL 
AWAKENING
ACADEMY

WWW.SOULAWAKENINGACADEMY.CO.UK

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THE SOUL AWAKENING ACADEMY

Are you ready to create your dream spiritual life coaching business and live a life that is in total alignment with all your spiritual values? Let Soul Awakening Academy train, support and guide your every step throughout your transformational journey.



YOUR SOUL HAS A DESTINY TO FULFIL

*Have you been listening to the whispers of your Soul?
If you are here, it is likely you were destined to be an awakened
leader, spiritual healer or light worker, this is why you have
taken control of your destiny and you are here... now.
This is your time and place to create the life you have only so
far dreamed of.*

*We embrace those that want to find their purpose, passion
and meaning.*

*Even though, like me, your life may have been challenging, your
life is unfolding beautifully and it has led you to the path of
creating a fulfilling career transforming the lives of others.*



YOUR SOUL HAS SENT YOU HERE!

If you feel you've reached a point in your life where you feel a need to fulfil the part of you that craves to tap into your spiritual gifts and healing abilities, then Soul Awakening Academy might be the ideal place for you to enhance your abilities, knowing that you can pass these gifts on and assist in the soul awakening of others.

The Soul Awakening Academy's accredited online & in-person courses will give you the opportunity to create a rewarding business through the power of your own transformational healing journey.

CERTIFIED COURSES

SHORT COURSES



HEY BEAUTIFUL SOUL

'I truly believe that there's no greater journey in life than discovering your true potential and becoming the person you were always meant to be, but we can so easily get bogged down in learned behaviours and thought patterns that hold us back. Your soul has a destiny and you are ready to begin this journey that will bring you boundless happiness, real inner peace and the ability to reach that potential in others. Whether you're already a spiritual or holistic healer, or you are just starting out, I can help you begin a healing and soul-nourishing practice that will last a lifetime.'





LIFE IS A SPIRITUAL JOURNEY

There is a saying in coaching, 'You can only take your clients as far as you are willing to go yourself.'

Your life story with all its twists & turns happened for a reason and that is so you can illuminate your path & be a guide to others.

I embrace those who are ready to break their limiting beliefs and become the person they were destined to become.



TURNING LEMONS INTO LEMONADE

From the start, I had no ordinary life and was introduced to the power of the mind at the age of 11 years old.

I was adopted as a baby, then later placed into the care system when my adoptive family unit broke down. My life went on a downward spiral with no real parental care, support or guidance.

I now share my transformational coaching & healing method with those who want to help others heal their past hurts and childhood conditioning.

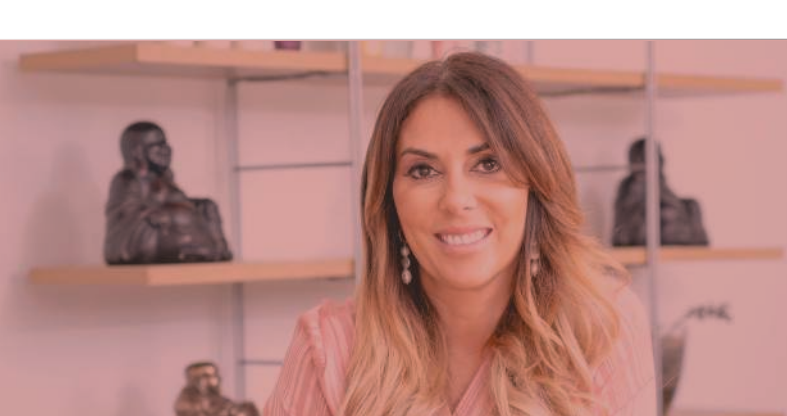
The Soul Awakening Method helps people peel back the layers of their life, so they too can press the reset button and become the person they were meant to be.

The power of learning about my own core emotions helped me to rediscover the joys of life to the point that I dedicated several years of it to studying the mind, emotions and behaviours. I trained in Hypnotherapy, NLP, Life Coaching and Spiritual Healing and have also studied the body, with qualifications in Biomedicine, Naturopathy, Medical Acupuncture and Nutrition.

RECOGNISED AS AN INDUSTRY LEADER

I am so grateful and honoured to be recognised for the second time as an expert & industry leader in the field of coaching by the National magazine 'Healthy' for Holland & Barrett.

Featuring in the 2018 Winter Edition, sharing my views on positive psychology and life-coaching, I also featured in an article on how to make 2020 the best year through effective goal setting and how to cultivate inner-strength by reflecting & realising the positives that have arisen from your past challenges.



healthy
HOLLAND
&
BARRETT

ACCREDITED COURSES

Accreditation is so important to me and it should be to you. Why? Because it makes the difference between good & bad investment!

Why Accreditation Matters

Soul Awakening Academy is approved by IAPC&M & IPHM and we are now accredited as one of the best coaching facilitators in our field.

We are proud to say our flagship coach training programme, Soul Awakening Master Spiritual Life Coach & Energy Psychology Diploma, is accredited by the International Authority for Professional Coaching & Mentoring (IAPC&M); the only accreditation body approved by the British industry Ombudsman (IRCM).

Experts in accreditation, the IAPC&M have been accrediting excellent individuals, training providers and universities since 1998.

In addition to the quality assurance that accreditation offers you, completion of my course means you are eligible to apply for your professional accreditation status (meeting their criteria) at a discounted price.

Listen to this short video: IAPC&M Accreditation Status Matters - to you and your clients, you'll also hear how and when to apply



ACCREDITATION

In the UK there are 130,000 people calling themselves coaches. That doesn't mean they are all properly trained like you will be, or insured, or accredited, far from it. Therefore, my accredited training certification, combined with IAPC&M professional accreditation has become the key differentiator for the hiring public to identify practitioners as 'best in class'.

It literally helps you stand out in a crowded market place!

The Master - Spiritual Life Coach & Energy Psychology Diploma course was recently awarded a Level 7 accreditation by the IAPC&M in light of the comprehensive in-depth course materials, teaching structure and assessments it contains, making it the equivalent of a Master's Degree.



'If we take the UK as an example, with 130,000 people calling themselves coaches; becoming accredited means they are best in class, or as I like to call them, the '1% Club'. This makes it infinitely easier for clients to identify these coaches as best in class.'

~ IAPC&M

CERTIFIED COURSES

SHORT COURSES



OUR SHORTER COURSES ARE ACCREDITED BY THE IPHM

Our holistic healing courses have been thoroughly accredited by one of the leading holistic authorities, The International Practitioners of Holistic Medicine (IPHM) that was developed to provide the general public and health care professionals with a body of regulated professionals, all qualified to accredited levels. The accreditations are awarded by the International Practitioners of Holistic Medicine, having assessed the coursework or details/qualifications provided by the member and have agreed to approve their training methods or therapies depending on membership level requested.



IPHM

Holistic Accreditation Board

**APPROVED
Training Provider**

Approved by the International Practitioners
of Holistic Medicine

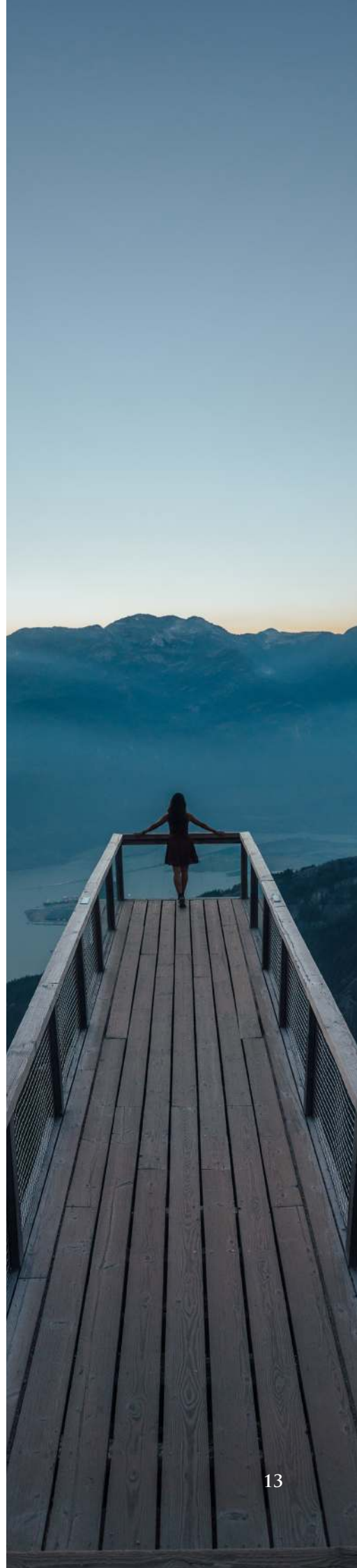
WHY LIFE COACHING IS THE FASTEST GROWING INDUSTRY

Life is pressured, complex and fast-paced. Many people struggle to cope with the countless demands placed on them and so anxiety, limiting beliefs and negative self-talk plague their life. Furthermore, events which can be traced back to childhood may still play out in adult life and are often to blame for deep-rooted insecurities, doubts and uncertainties. These emotions all pile into one large mixing pot, the outcome is challenging and can be difficult to make the changes required.

We all have our own internal battles, fears and worries, yet it takes time for people to realise when, why and where they need support the most. And that element of support is often sought in the guise of therapy, coaching or healing.

WHY LIFE COACHING IS THE FASTEST GROWING INDUSTRY

It is our belief that transformational coaching & holistic healing offers a highly effective, transformative and safe space for people who find themselves stuck in repetitive patterns. Whilst the world is living in a state of flux and crisis, there are clients crying out, in need of clarity, understanding and self-discovery. We, as Spiritual Life Coaches can offer support and guidance, as well as effective ways of working to ensure sustainable and prosperous futures, for ourselves and our clients using the tools provided in the Soul Awakening Spiritual Life-Coaching Diploma.





WHY LIFE COACHING IS THE FASTEST GROWING INDUSTRY

In order to help and support your clients, enabling them to realise their dreams and passions, you need the skills, knowledge and attributes to release them from their mental barriers. But you also need to have a natural empathy with people, to be a natural at actively listening to what people are saying, and to be genuinely interested in people.

“Coaching and healing is such a rewarding career path. I love training, supporting and empowering people — it’s my life’s work, after all. And the very fact that you are here means that you must already have insight into the amazing world of therapy, healing & coaching. I am thrilled you are considering working with me, there are various courses which are available online as well as through one-to-one support with me. Please contact me so we can work out what is the best path for your journey.”

Anne Marie

Founder of Soul Awakening Academy



WHAT MAKES THE SOUL AWAKENING METHOD SO UNIQUE?

The Soul Awakening Coaching Method is getting 5-star reviews for its rapid, transformational results.

The reason why the Soul Awakening Master - Spiritual Life Coach & Energy Psychology Diploma is so effective, is due to the combination of psychological, spiritual & energetic principles woven into its core.

The major difference between the Soul Awakening Method of coaching and traditional coaching lies in the holistic approach, not in the differences in the skills or techniques.

The skills and techniques needed for coaching are similar across the board and every good coach should have learnt the skill of listening, connecting, clarifying, reflecting and using a non-judgmental, person-centred approach.

MASTER SPIRITUAL LIFE COACH DIPLOMA



REVIEWS

Anne Marie is an amazing coach and teacher. Undertaking her Spiritual Life Coaching course was one of the best decisions I have made. Her Soul Awakening Academy is amazing. Anne Marie is spiritual, but also real, down to earth, friendly and a gorgeous soul. I am happy to call her a friend as well as being one of her students & look forward to working with her in the future. I would urge you to work with Anne Marie.

*- Jennifer
Holistic Life-Coach*

I came across Anne-Marie by complete chance and over an hour later – after being completely absorbed by all of the amazing videos about spirituality and mindset - I contacted her. Since then I have gone on to travel from Nottingham to Liverpool to become an accredited life coach and it's been one of the best things I have ever done! I highly recommend Anne- Marie's Soul Awakening Academy. I have learnt so much and I have been able to really figure out my passion and understand where I want to take my healing and coaching business. Anne-Marie is one of the most humble, kind and knowledgeable teachers I have ever come across and I'm excited to continue to learn more from her. Thank you for crossing my path.

*- Saffron
Company Owner, Reiki Bliss*



WHAT MAKES THE SOUL AWAKENING METHOD SO UNIQUE?

It takes into consideration not just where you are now and what goals you want to achieve, along with the obstacles you may face, using different psychological models of ego development in correspondence to the chakra system.

Each chakra holds a particular life theme and by using the Soul Awakening Method you will unlock and transform past conditioning & limiting beliefs which are sabotaging your client's life, relationships, success and potential on a subconscious level.

The Soul Awakening Method combines ancient knowledge & wisdom of the human energy system and esoteric spiritual beliefs combined with what we know as the natural human desire to grow and evolve through stages of consciousness and psychological development.

MASTER SPIRITUAL LIFE COACH DIPLOMA



THE 12 *Key Skills*

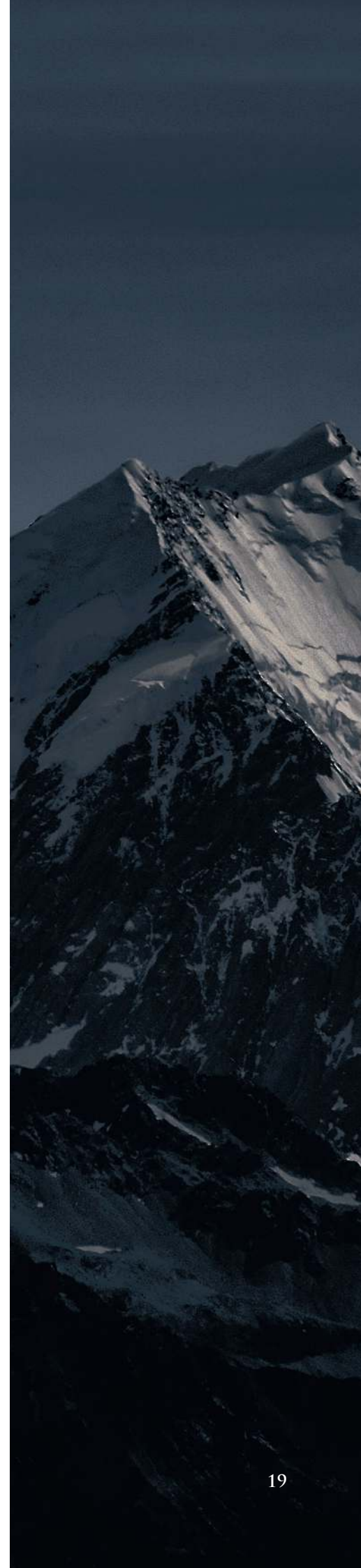


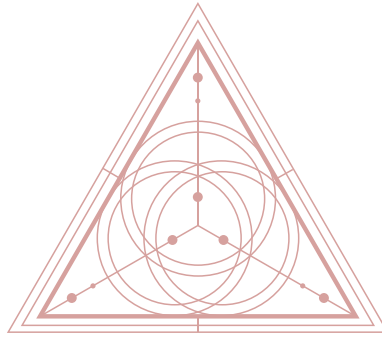
SO, YOU'RE CONSIDERING TRAINING TO BECOME AN ACCREDITED AND QUALIFIED SPIRITUAL LIFE COACH?

So, you're considering training to become an accredited and qualified Spiritual Life Coach helping and supporting people to make life changing transformations and empowered decisions?

How do you ensure you're armed with the right tools and techniques to be the best?

We've put together our top twelve skills that will set you apart from others in the field and allow you to ensure that your clients experience rewarding and life changing transformations.



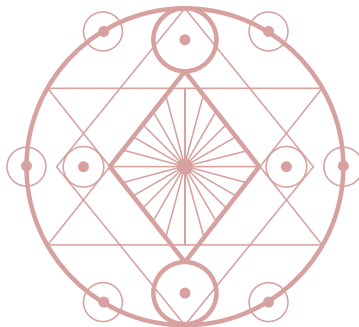


Setting Goals

It's vital to set goals, as they are what will drive the whole client experience. There's got to be something to work towards, and you may find people respond more effectively to milestones and aspirations when they have a goal in mind. Effective goals have to be achievable, well-defined, concise and workable and they'll also need to have an overarching motivational factor – something which, when your clients visualise them, will light up their eyes, their smile and their soul.

For you to try:

Think about your own goals, what is it you are working towards? What is the 'Big Picture' of your life and why do you want this? What will you feel when you have achieved it?

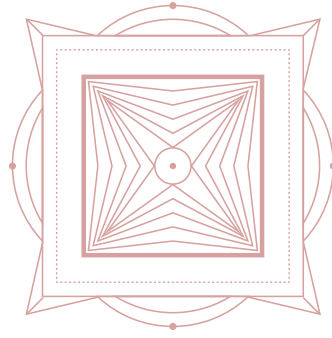


Listening

This is paramount and any listening must be done in an active and non-judgemental way. Opening up to someone can be daunting and confronting, particularly about sensitive issues which may not have been discussed before. Earn your client's trust and actively listen to show them they've got your undivided attention. Repeat back key words, paraphrase and summarise. It'll be of massive benefit to your client if they can hear what they've said repeated back to them and may offer a fresh perspective. We can find ourselves drowning in words, stumbling to get them out, stuttering, feeling stuck, but by you summarising for them, it helps to bring both clarity and hope.

For you to try:

Try this on a friend, colleague or family member the next time they have a problem and are confiding in you or seeking your advice, repeat back what you heard them say and see how this helps them gain clarity on their issue.

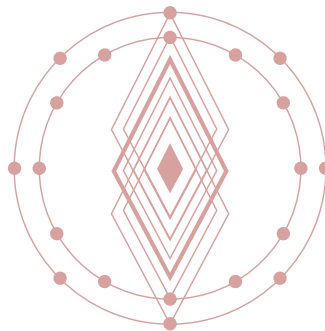


Building up a solid rapport

Connection with your client is going to be key, otherwise you can't expect someone to open up to you. This can include being able to demonstrate that you understand, by being empathic and compassionate. This may well be one of the toughest things your client has ever had to face head-on and the rapport must be right. Bespoke methods tailored to your client as an individual, will build trust to create a workable action plan to reaching their dreams and aspirations.

For you to try:

Try this the next time you are in the company of another person. Once you have developed a connection change your posture and see if they mirror you; or subtly change your posture to mirror theirs. This is called matching and mirroring and is a gentle way to gain rapport with your client.

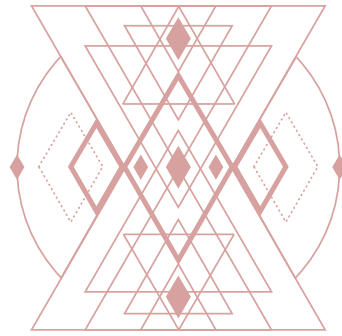


Curiosity

Always keep your head in the game and remain solely focussed on everything you're told, drilling down into each goal. Listen fully to gauge exactly what your client wants and tease every necessary snippet of information out of them, as long as they're comfortable. Try not to interrupt when someone's mid-flow, you don't want to bulldoze through their train of thought. You can 'know' by observing and being given facts, and you can 'discover' the unexpected, something that might even take you by surprise.

For you to try:

Try this for yourself the next time you are deep in conversation, ask open curious questions, such as can you tell me more about that?

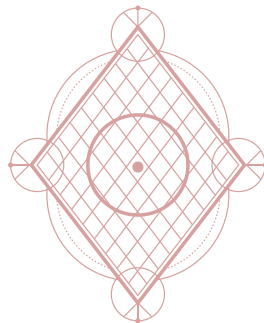


Challenging Limiting Beliefs

Challenging a client's limiting beliefs will reap many rewards. Start by laying down a solid path towards where the client wants to be for clear focus, then keep them motivated. Their determination will mean they're homing in on what they want to achieve. Your job is to help them overcome potential obstacles and barriers and you will be raising any red flags and prepare them for a bumpy road. You'll be guiding them through the fog, the unpleasantness and possible darkness they'll need to face before they can finally enter the light and become free.

For you to try:

Try this on your own limiting beliefs, what do you think is holding you back from becoming a spiritual life coach? Now, reframe that limiting belief so that it becomes empowering and supports you on your path to enlightenment.

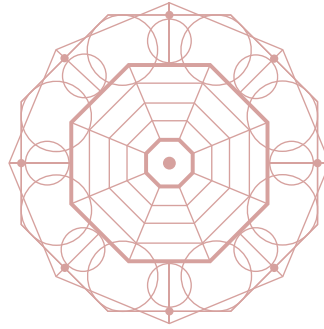


Observing and Looking

It is one thing to listen to words, but quite another to read between the lines and look for any nuances, non-verbal expressions, displaying of particular emotions, etc and this is where it'll help to have a basic understanding of body language. Can you tell if your client is sad discussing a traumatic event, or if they're scared when remembering a harrowing time? Your client might not always be able to articulate feelings and emotions so always be mindful of this.

For you to try:

Try this on yourself or another, notice how often you fail to express yourself fully and hold back your true feelings? Then ask yourself what is the reason for this? Maybe it is a limiting belief that can be reframed for something more positive and empowering.

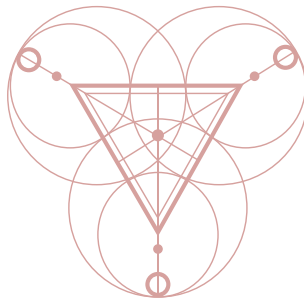


Giving Feedback

This is a motivating way to spur on your client, but don't be critical or condescending or you will end up destroying the rapport you've been carefully building up. Giving feedback correctly means it needs to be relevant, positive, constructive and focused on finding solutions. It's not something used negatively against a client, rather an effective and productive way of searching for answers to their problems and overcoming barriers.

For you to try:

Try giving feedback the next time you get the opportunity. It can be as simple as, 'I notice when you do that it causes you to X' were you aware of this?



Getting Feedback

Never forget that being a coach is a constantly evolving experience and learning curve for you and like so many things, the day you become qualified is the day it all begins and it's one that never ends. If you're competent, willing, passionate and hungry to get to the top of your game, you'll welcome feedback – the good, the bad and even the ugly. You could ask your clients to complete a short review at the end of each session, asking them what was most valuable and beneficial. Use this to shape future sessions and to monitor effectiveness.

For you to try:

Try this for yourself, ask another or give yourself feedback on your best qualities and top strengths. What key skills and attributes do you have that will make you an excellent coach?

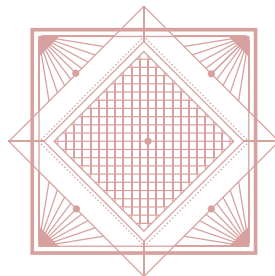


Knowing What to Ask and When to Ask it

Knowing what to ask and when to ask it is one of the most powerful tools in your coaching arsenal and is what will help draw out from your clients their hopes, dreams and fears. If you can't get to the crux of the matter, your clients aren't going to be able to become empowered enough to wrestle free from the shackles holding them prisoner. So, ask with power and with purpose, to ascertain exactly where they want to be. This will give you the information to formulate a clear and achievable plan of action. Make sure you never stop asking questions along the way, your client's needs may change, and by asking them you can mould their coaching experience to suit.

For you to try:

Try this the next time you are in conversation, ask open questions rather closed questions. Reframe a closed question such as 'Are you okay?' To 'Tell me how you're feeling today?'



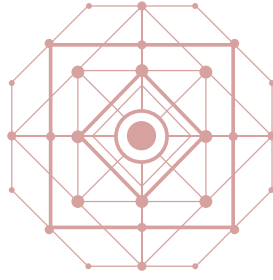
Evaluate

Growth, change, progress and development are never easy, never static, never a straight-forward line and inevitably there will be curves, loops, hurdles to get over, mountains to climb. This process is possibly one of the most confronting, mentally challenging and exhausting journeys a client will ever face. Their priorities may alter, so constant evaluation is important to monitor where actions and plans need to be adapted and adjusted to align with the client's destination. Keeping checking in on progress, in case any other changes have to be made along their journey.

By the end of the course you will have a complete toolkit to use with your clients to assess and evaluate their goals.

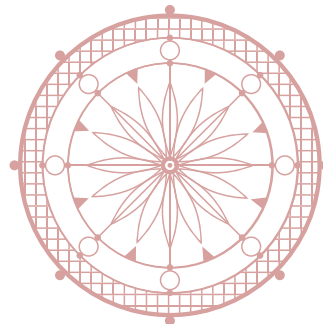
For you to try:

Ask yourself on a scale of 1 - 10, with 10 being absolutely aligned and 1 being not at all, how aligned do you feel to your ideal life? And if you could increase this number by 1 what would you need to do? Then ask yourself that question again until you have moved 3 places up the scale.



The Right Mix of Techniques

No two clients are the same, or will have the same life experience, or will have the same thought processes, or will be seeking the same solutions. It's up to you to use your intuition to determine and evaluate what types of techniques you're going to use for each individual client and understanding this from the very start will enable you to create a highly effective bespoke menu that you can easily adapt to suit each purpose and situation. Used correctly, you have at your disposal an arsenal of methods that can literally change someone's life by giving them clarity, answers, empowerment and light at the end of their tunnel. You're steering them through change towards a life they are yearning to live.



Check in on a Regular Basis

Regular check ins are a great habit to get into from day one. By asking clients to feedback, will allow your clients to monitor their progress, celebrate their small wins and larger successes and to see just how far they've come. It certainly won't be plain sailing and it will be just as vital for them to look back at the stumbling blocks they've come across along their journey to enable them to realise they've come safely out at the other end, making them more determined and motivated



WHAT ARE THE SOUL AWAKENING'S SPIRITUAL PRINCIPLES?

The heart of the Soul Awakening Method is to help clients uncover their root cause and ingrained patterning that might be thwarting their psychological and spiritual development. It explains the matrix of the mind, body & soul and how this connects with our emotions on a conscious and subconscious level creating our behaviour patterns and ultimately our reality.

The job of the coach is to fully support and facilitate the Soul Awakening of the client by finding out through the Soul Awakening Method what lies below the surface of your client's behaviours and motivations.

To discover what stage of consciousness and soul evolution your client is at, what they are trying to achieve in their life and for what purpose. By doing this you will uncover their unmet needs, core beliefs and values. It is then your job to facilitate the coaching of the soul awakening process through transformational techniques.





OUR COURSES ARE SUITABLE FOR EVERYONE

Whether you are a complete beginner or you want to up level your skills, we have several study options available from our signature Master Practitioner Diploma in Spiritual Life-Coaching & Energy Psychology to shorter practitioner courses & workshops.

There are two different study options as I understand how difficult it is to train alongside juggling the daily pressures of life and your commitments.

All of our courses are available online as a home study option, which enables you to work in your own time whilst knowing that you have unwavering support as and when you require it.

The other option is face-to-face in more of a traditional classroom setting. I periodically run workshops where you can study in an educational environment and away from the worry of distractions.

CERTIFIED COURSES

SHORT COURSES





WHAT CAN YOU DO WITH YOUR QUALIFICATION?

*Transformative change starts with transformative coaching.
And transformative coaching starts with a transformative
coaching course which equips you with a vast set of skills to
work with your clients from many different perspectives. This
is just the start of a joyous and stimulating coaching journey.*

*Our Accredited Coaching Courses & Diplomas and my
Accredited Healing Courses are perfect if you are looking to
either improve or hone your skills or to train, within the
following coaching areas...*

A woman with long dark hair, wearing a black dress with a colorful floral pattern, stands on a rocky cliff edge. She is looking out over a vast, hilly landscape covered in dense green trees. The sky is a mix of soft orange and blue, suggesting a sunset or sunrise. The overall mood is peaceful and contemplative.

INDEPENDENT COACH

Working as a self-employed, independent coach (whether that be life coach, executive coach or a specialist coach) you need a fully comprehensive training programme to fully prepare you, but which also offers advice on practical working elements to help you successfully run your own coaching practise.

EMPLOYED OR WORKPLACE COACH

Working as an employed coach within a business or workplace setting, it is crucial that you continue to develop your own skills whilst supporting the people around you. Furthermore, if you have been tasked with incorporating coaching elements into your existing role then you need a training course which will rapidly provide you with a deep understanding of practices.

PRACTISING THERAPIST

If you are already working as a practising consultant, counsellor or therapist and are keen to incorporate coaching or healing as another client service then you will find my Accredited Coaching Courses are ideal for providing you with the tools, skills and knowledge you need to offer a wraparound service.



LISTEN TO WHAT OUR PREVIOUS STUDENTS HAVE TO SAY



This is Linda. Linda is now using her life coaching skills in a professional setting. Linda works as an in-house Coach/Mentor offering support to individuals wanting to progress in their career.

WATCH NOW



This is Ellen. Ellen runs a successful fitness business. Ellen uses her life coaching skills in her day to day busy life.

WATCH NOW



This is Saffron. Saffron now uses her skills in the field of mental health. Saffron also runs a successful coaching & healing business..

WATCH NOW



This is Rachel. Rachel runs a successful online business and plans to incorporate her life coaching skills to help others create a successful online business of their own.

WATCH NOW

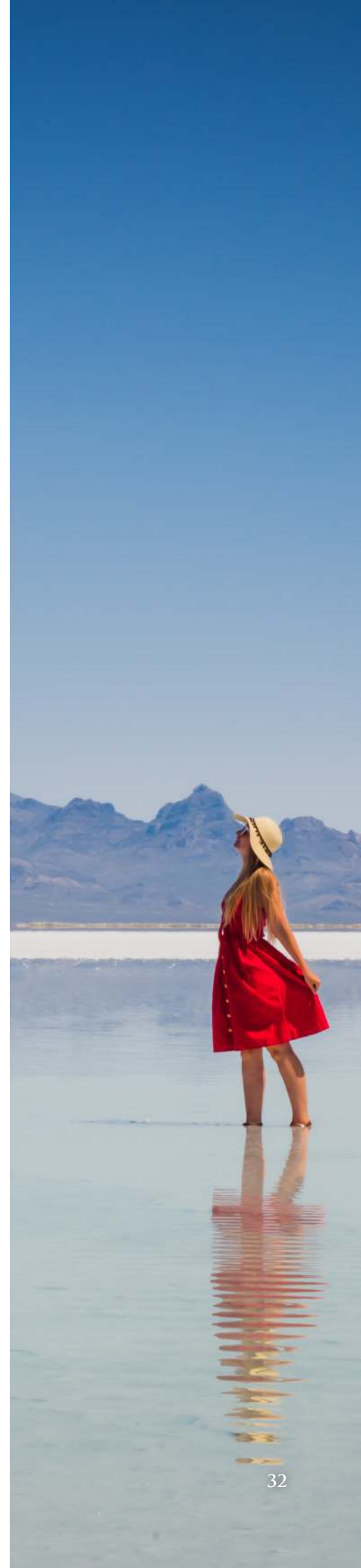


ONGOING BUSINESS SUPPORT

Supercharge your coaching practice with a Soul Awakening Business Ascension package.

As well as receiving in-depth teaching and support on your journey towards becoming an Accredited Soul Awakening Academy coach, we are offering all our students a market-leading package of support to help you start your business in the best way possible.

Our exclusive Business Ascension package offers the highest levels of support and aftercare in the industry, to get up and running as a coach. Our Business Ascension packages gives you all the tools you need to supercharge your business and start making a real difference to your clients.



LIVE GROUP COACHING CALLS

We are so lucky to live in a digital age, this means students are able to study the Soul Awakening Method from anywhere in the world, how awesome is that!

Some people worry that they won't get the support they need or be able to download the course materials but this is nothing to worry about and shouldn't be a barrier.

Most clients want an online coaching call to fit into their busy schedule so getting comfortable with online processes is a skill that is going to serve you.

All you need is access to the internet and once you sign up you get access to our dedicated learning portal meaning you have 24/7 access your course materials from you Laptop, iPad or Phone.

The only other requirement is that you download the FREE platform Zoom <https://zoom.us/download> so we can hook up online for our monthly coaching calls.

Once a month I host a live group coaching call where we bring our life challenges, course questions and have a bit of fun so we share and learn throughout the course.

We also have a private Facebook group where you can buddy up with other students for training & support.



HOW THE COURSE WORKS

Once you sign up you get instant access to the course materials. You will be sent an EBook, Understanding your Chakras, which you can read whilst getting stuck into the course modules. Each module contains a video so you can learn on the go, a Pdf written version so you can download and read to embed your learning; plus an activity & quiz.

You don't need any qualifications to join the course just a willingness & desire to learn something new.

WHAT IS INCLUDED IN THE BUSINESS ASCENSION PACKAGES?

*Depending on the Business Ascension package you choose,
you will have:*

*One year's free advertising on the Soul Awakening
Academy's dedicated Spiritual Life Coach Directory,
where clients can hire you.*

Professionally designed website, logo and business cards.

Dedicated social media profile and toolkit.

*Access to our online resource centre for CPD, coaching
tools and techniques, industry information and webinars.*

FIND OUT MORE.

*If you want to find out more about becoming a coach or a healer with us,
we offer a number of convenient ways to discover more.*

*For general information about future dates, course fees and our
interest-free payment plans, head along to our website at
www.soulawakeningacademy.co.uk*

*The site offers a wealth of information on the different courses we offer. If
you are uncertain and would like more guidance, please book in a
discovery call with Anne-Marie from the website.*



FREQUENTLY ASKED QUESTIONS



HOW DO I KNOW IF SOUL AWAKENING ACADEMY IS RIGHT FOR ME?

Do you want to be a spiritual life coach? Do you want a fulfilling career that allows you to help your clients grow in their own spiritual journeys? If you can answer “yes!” to both of these questions, then Soul Awakening Academy is right for you.

It doesn't matter if you aren't quite sure where to get started. If you believe that you can commit yourself to serving as a spiritual guide, this programme will show you how to do it and earn a full-time living doing the work you love.

Soul Awakening Academy also helps you build your business so that you can start connecting with your ideal clients! Learn how to become a spiritual life coach and healer with Soul Awakening Academy today!



HOW LONG WILL IT TAKE ME TO COMPLETE THE SPIRITUAL LIFE COACH CERTIFICATION?

All of my online courses are designed to fit in with your daily life. As soon as you enrol, you will get immediate access to the course material where you can learn at your own pace, no pressure, no deadlines! The courses, on average, are from 6 weeks to 6 months depending on the course you sign up to. You have 2 years in which to complete your chosen course. Upon successful completion of the course, you will be awarded a Certificate of Completion. You may use your new credentials in your office, on your website, or any medium you choose for marketing.

HOW MANY HOURS PER WEEK SHOULD I ALLOT TO COMPLETE THE COURSE WORK?

The course is broken down into easy to follow learning segments. You may work through the material at your own pace and so how quickly you complete the course is up to you!



ARE PAYMENT OPTIONS AVAILABLE?

Yes! We offer a payment plan in order to help our students find the right path forward for them.

CAN I COMPLETE THIS PROGRAM EVEN IF I HAVE A BUSY SCHEDULE?

Absolutely! Because the programme is self-paced, you are under no pressure to meet deadlines that conflict with your busy schedule. If you are a parent, a full-time student, or even work a full-time job, you will be able to complete this course at the pace that works best for you.

Our programme is designed to show you how to better balance your life. Learn how to simplify your surroundings and enjoy your new environment with Soul Awakening Academy today!

CAN EXISTING COACHES ALSO ENROL IN SOUL AWAKENING ACADEMY?

Yes, of course!

In Soul Awakening Academy you are taught to connect with your inner self. We do this by working through our innovative approaches including, the S.O.U.L Life Satisfaction Scale and the S.E.T.T Transformation Model.

By using the coaching models unique to this programme, you will be able to reach clients in an entirely new way. There will be no outdated or repetitive coaching models here.



WILL I HAVE ONE-ON-ONE ACCESS TO ANNE-MARIE?

As a member of Soul Awakening Academy, you will have access to a renowned life coach, expert & industry leader, Anne-Marie. Depending on the course you enrol in, you will have live group coaching calls a month along with email support and a private Facebook community. You will take part in direct coaching as you expand your skill set and build your spiritual arsenal!

WHEN CAN I ENROL?

The Soul Awakening Academy is now open for enrolment! Book a virtual coffee and discuss which course is right for you and join our academy.



WHAT CHANGES WILL I NOTICE TO MY LIFE?

To date, every one of our students has been completely amazed with the transformation they have personally experienced as a result of doing the work. The Soul Awakening Academy delivers quality and after undergoing my own transformation and seeing the results with many, many clients, you get to experience the transformation first hand as you work steadily through the course material!

To see exactly how and why our students have done so well in their new and existing coaching businesses, click the button below to enrol in Soul Awakening Academy now!



WHAT COACHING TOOLS ARE INCLUDED IN THE COURSE?

The 4D Coaching Model SETT & Transformational Coaching Model Toolkit.

SOUL Life Satisfaction Scale.

Chakra Assessment & Coaching Toolkit.

Chakra Meditations.

WHAT IS THE LEARNING STYLE OF THE DIPLOMA COURSE?

This course contains 12 modules, all of which have videos and a pdf of the materials. There is a multiple-choice quiz at the end of each module and an activity to complete. You are given feedback, encouragement and support all the way through the course. We meet online every month via Zoom and we also have a private Facebook group.

MASTER SPIRITUAL LIFE COACH DIPLOMA



YOUR SOUL HAS SENT YOU HERE!

CERTIFIED COURSES

SHORT COURSES